

DESIGNING YOUR OWN LESSON PLANS

If you decide to write your own lesson plans, here are some guidelines:

- Include all the songs in the curriculum at some point throughout the season
- In a given lesson, it's better to spend more time exploring a song deeply, than to fit in as many songs as possible.
- Leave some wiggle room for the children to add their own creative ideas.
- Use your child(ren)'s ideas as a springboard for class activities.
- Try to balance the meters and tonalities represented like so:
Major – most, Minor – some, Mixed or Other – some
Even meter - most, Triple meter – some, Other – one
Most songs are Major tonality and Even meter.
The Manual gives details for most of the exceptions.
- Use the provided lesson plans as a guide.
- Keep somewhat of a routine to the lessons. (example below)
- Balance the activities as outlined below

**Personal
Lesson Plan
forms are in the
appendix**

**Daily Lesson
Plan Format**

Daily 15-20 minute lessons

- Good Day
- prayer time
- sit and sing
- spoken chant
- rhythm patterns
- shaky eggs
- dance activity or other manipulative – instruments, scarves, streamers, parachute, bells, etc.
- God Bless

**Weekly Lesson
Plan Format**

Weekly 45-minute lesson

- Good Day
- prayer time
- sit and sing
- sit and sing
- spoken chant
- rhythm patterns
- shaky eggs
- instrument play
- scarf dance
- other manipulative
- large movement/dance activity
- prayer time
- God Bless

Recommended *Ordinary Time* – FALL daily lesson plans

**OT Fall
Daily 15min
Lesson Plan #1**
(w/ page #'s)

1. *Good Day* - 56
2. prayer - *Father I Adore You* - 60
3. sit and sing – *The Blacksmith* - 64
4. spoken rhyme – *Humpty Dumpty* - 70
5. Rhythm Patterns
6. shaky eggs – *Moroccan Melody* - 98
7. Tonal Patterns
8. instrument play – *Sing and Play (CD#12)* - 80
9. God Bless - 58

**OT Fall
Daily 15min
Lesson Plan #2**

1. *Good Day* - 56
2. prayer – *Holy God We Praise Thy Name* - 94
4. sit and sing with creative substitutions – *Clementine* - 90
5. spoken rhyme – *This Little Piggy* - 96
6. Rhythm Patterns
7. shaky eggs – *Kum Bah Yah* - 92
8. scarf dancing– *Fall (CD#10)* - 76
9. Tonal Patterns
10. *God Bless* - 58

**OT Fall
Daily 15min
Lesson Plan #3**

1. *Good Day* - 56
2. prayer – *Our Father* - 104
3. sit and sing – *New Shoes for Mozart* - 74
4. spoken rhyme – *Old King Cole* - 100
5. Rhythm Patterns
6. shaky eggs – *Hamaba* - 72
7. dancing with streamers – *Looby Loo* - 66
8. Tonal Patterns
9. *God Bless* - 58